



INTERNATIONAL ROGAINING FEDERATION Inc.

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~1976-2006 30 years of ROGAINING~

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www.rogaining.com

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IRF Team

President: Neil Phillips
World Rogaining Championships Manager: Peter Taylor
Promotions and Development: Brad Hunt
Secretary/Treasurer: Rod Phillips
Technical Manager: vacant

Czech Republic: Jaroslav Vavra, Miroslav Seidl
Finland: Iiro Kakko
New Zealand: Pete Squires
Canada: Murray Foubister
United States of America: Eric Smith, Bob Reddick,
Brad Hunt
Australia: Rod Phillips, John Berwick, Neil Phillips,
Peter Taylor

Observer status

Brazil: José Nilton Silva Vargas
Canada: Alan Stradeski, Francis Falardeau
Estonia: Andres Käär
Germany: Marko Rößler
Hong Kong: Patrick Ng
Ireland: Sean Hassett
Israel: Dan Chissick
Japan: Kazuhiro Takashima
Latvia: Guntars Mankus
New Zealand: Michael Wood
Sweden: Lars-Åke Svenk
Russia: German Shestakov, Sergey Yaschenko
South Africa: Pieter Mulder
Ukraine: Efim Shtempler
7th WRC: Alan Mansfield

7th World Rogaining Championships

13-14th October 2006, Warrumbungle Range,
New South Wales, Australia

This event attracted 691 entries in 311 teams. There were well over one hundred entrants from outside Australia; there were three ultra veteran teams, eleven junior, and ten family teams.

<http://www.rogain2006.com.au/>

Message at 7WRC from IRF

Let me add to the warm welcome already extended by Alan Mansfield, organizer of this 7th World Rogaining Championships. Alan and his team from the New South Wales Rogaining Association, and the Australian Rogaining Association, are to be congratulated in their preparations for this event and for the outstanding participation at these championships. The 500 limit on entries was surpassed easily, and we now have nearly 700 people in slightly over 300 teams representing 14 different countries. The 54 visitors from New Zealand is a huge attendance and is a credit to organizers of rogaining in that country. We have 19 participants from USA and a welcome to them. The ten from Estonia and nine from Latvia are extraordinary numbers, especially given that the event site and these two countries could hardly be farther apart.

Several of the strong attendance figures reflect on previous international rogaines that we have held in the northern hemisphere. The Most Awesome Rogaine in Canada was the catalyst for enthusiasts running the first event in the Czech Republic. The subsequent 5WRC in 2002 in the Czech Republic provided impetus for rogaining growth in northern Europe, notably in Latvia, Estonia, Russia and Ukraine. The success of this strategy is reflected in entrants from Czech and Russia here today. We also extend a very warm welcome to those who have travelled from Canada, Japan, Finland, England, Sweden, Hong Kong, South Africa, and of course, from different parts of Australia.

The story does not stop with 7WRC. At the moment a new country is running its first rogaine approximately every six months.

Late last year Israel ran its first rogaine, and they have announced their second rogaine already. Brazil ran a short rogaine early in 2006. Germany ran its first rogaine mid 2006, and Hong Kong will run its first rogaine in early 2007 including a 24 hour event. Later in 2007 Finland plans to run its first rogaine being a 24 hour event.

All of this activity relies upon volunteer efforts to run the associations, administer the events, provide the catering, setting of courses, making of maps, and publicizing rogaines: to all of these people a very big thank you from everyone who enjoys rogaining. For this event, the team leaders working with Alan Mansfield (Co-ordinator) are:

Ian Almond (Administration)
Mike Hotchkis (Course and cartography)
Julian Ledger (Sponsorship and Vetting)
Tony Maloney (Vetting and Treasurer)
Chris Waring (Cartography)
Trevor Gollan and David Griffith (Course Setting), and John and Mardi Barnes (Vetting).
Thank you individually and to all your groups.

To everyone participating in 7WRC, have a great rogaine these two days, enjoy the experience, and compete well.

Neil Phillips: IRF President

Elite performances at 7WRC

1st: Chris Forne, Dennis de Monchy (New Zealand) 2610 points: World Champions

2. Damon Goerke, Rob Preston (Australia NSW) 2430
3. Petr Boranek, Miroslav Seidl (Czech) 2370
4. Raimonds Lapins, Anita Liepina, Guntars Mankus (Latvia) 2250, 1st Mixed
5. Greg Barbour, David Rowlands (New Zealand, Australia Vic) 2240
6. Darren Ashmore, Phil Wood (New Zealand) 2230
7. Oleg Kalinin, Sergey Yashchenko (Russia) 2120
8. David Baldwin, Trevor Jacobs, Adrian Sheppard (Australia ACT) 2090
9. John Jacoby, Sam Maffett (Australia Vic) 2090
10. Derek Morris, Ted van Geldermalsen (Australia Vic) 2090.

Learnings from the elite end of 7WRC

Analysis of the 6-hour splits by the organizers and especially Ian Brown indicates that the winners performed strongly in every 6-hour period of the 24-hour rogaine (e.g. 870, 480, 600, 660 points for winners). The key break for the ultimate champions was their outstanding third quarter when it was dark but with some moon light.

The Navlight system, developed by Pete Squires and used during 7WRC and a number of other recent championship rogaines, allows some interesting insights into the lives of elite teams. Conclusions from the analysis include:

- Rogaines are won, and lost, in the dark
- Even the best teams go out hard and slow down when the sun sets
- Most teams can lift again after sunrise
- Returning to the Hash House is a negative factor (but teams might say they need to!)
- Water and heat issues on 7WRC seem to have impacted several teams
- Even a few of the top teams seemed to have navigational difficulties at times (or they were resting or bandaging feet).

Countries represented at 7WRC

- 550: Australia
- 54: New Zealand
- 19: USA
- 10: Estonia
- 9: Latvia
- 6: Russia
- 6: Czech Republic
- 6: Canada
- 4: Japan
- 4: Finland
- 3: England
- 2: Sweden
- 2: Hong Kong
- 2: South Africa